

Dr. Howard Services

Dr Howard routinely sees patients with the following conditions:

- Spinal Subluxation / misalignment
- Neck pain
- Low back pain
- Sciatica
- Radiating pain in the extremities
- Numbness / tingling
- Rib pain
- Headaches / Migraines
- Shoulder / rotator cuff injuries
- Elbow pain (tennis / golfer's elbow)
- Wrist pain / tendonitis
- Hip and knee pain
- Foot and ankle pain
- Chronic arthritic conditions (Osteoarthritis, Rheumatoid, Degenerative disc disease)
- Herniated disc / bulging disc
- Myofascial pain / muscle pain
- Fibromyalgia
- Sports injuries (acute & chronic)
- Sprains / strains
- Post Op rehabilitation
- Overuse injuries
- Motor vehicle accidents (whiplash)
- TMJ pain

Services offered by Dr. Howard:

- Spinal manipulation / adjustment
- Mobilization therapy
- Trigger point therapy
- Electrical muscle stimulation
- Therapeutic ultrasound
- Y-axis traction
- Postural and corrective exercises / stretches
- Nutritional counseling